

# Pangano la Banja: Mwamuna

*Genesis 2:24*

*Chifukwa chotero mwamuna  
adzasiya atate wake ndi amake  
nadzadziphatika kwa mkazi wake:  
ndipo adzakhala thupi limodzi.*

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**  
**PHUNZIRO: Utsogoleri wa Uzimu pa Banja**

**NDIME YOLINGALIRA:** Aefeso 5:25 & 26; 6:4

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

**Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?**

**NDIME YOLINGALIRA:** Ezara 7:10

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

**Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?**

**NDIME YOLINGALIRA:** Yobu 1:1 - 5

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
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 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?**

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**  
**PHUNZIRO: Utsogoleri wa Uzimu pa Banja**

**NDIME YOLINGALIRA:** Ahebri 10:24 & 25; I Akorinto 15:33

Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NDIME YOLINGALIRA:** I Akorinto 16:19; Machitidwe 18:24 - 26

Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NDIME YOLINGALIRA:** Machitidwe 18:18; Aroma 16:3; II Timoteo 4:19

Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
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 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Mwamuna amasamalira Zosowa za Pakhomo/Kulimbikitsa**

**MUTU NDI NDIME YOLINGALIRA:** Aefeso 5:28 – 31

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** I Akorinto 7:32 – 33a; I Petro 3:7

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Miyambo 24:1 – 5; Ahebri 11:7

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Mwamuna amasamalira Zosowa za Pakhomo/Kulimbikitsa**

**MUTU NDI NDIME YOLINGALIRA:** Miyambo 13:22; 19:14; 27:23 – 27

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** I Timoteo 3:4 & 5

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** I Timoteo 5:8

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

## NTHAWI YA PANOKHA NDI MULUNGU

**YEREMIYA 15:16**

**PHUNZIRO:Banja – Mwamuna – Khomo ndi Banja Zofunika Kwambiri**

Pali kachikhalidwe ka “Abambo Osokonekera” kamene ndimakadziwa kwambiri . Ndimakaona kawirikawiri mu tchalitchi, mmisika, pa zikondwerero za masiku obadwa, kusukulu, komanso ku sukulu zaukachenjede komwe ndimaphunzitsa. Kaya bambowo akulankhula ndi mnzawo, kugwira ntchito pa makina a compiuta, kuonera kanema, kugwira ntchito mu ofesi kapena pakhomo, kusonkhana ndi ena kutchalitchi, pa ma phwando kapena zochitika zina, umboni wake ndi umodzi- mwana kapena ana amene amapulukira ndipo bamboo salabadirako. Zimakhala ngati kuti sanakwatire kapena ndi kholo losabereka. Mwatsoka kusalabadira kotereku ndi kumene kumaoneka kuti mwachilengedwe ndichizindikiro cha mmene ambiri amalerera ana awo.

Mwanjira ina ili yonse amakhala osokonekera komanso osakhazika pakhomo kuphunzitsa ana ake. Mukuona kwanga ngati mbusa wa a chinyamata, wophunzitsa akuluakulu mu Utumiki, Atumiki a Kusukulu ya Koleji, Abusa, ndi a Mishoni koteru kuti ana amene amakula ndi makolo osalabadirawa komanso iwo amene sapezeka pa khomo amakhala ndi makhalidwe operewera mofanana posatengera chipembedzo kapena ntchito imene amagwira.Mwanjira ina, ana a osalabadira ndi/kapena a abusa, amishoni, wogwira ntchito mu tchalitchi, atumiki, akuluampingo kapena bamboo wachikhristu amakhala ndi zoperewera monga momwenso mwana wa msitikali amene ali wosapembedza, munthu wolemera kapena wokonda kugwira ntchito kwambiri. Palibe kusiyana kulikonse kuti inu ndinu mkhristu ngati inunso muli osalabadira komanso/kapena simupezeka nthawi zonse kuphunzitsa ana anu. Izi ndi zoonanso mmadera ambiri a moyo wathu kuti palibe kusiyana ngati ife sitiika chidwi pa kukhala wolabadira banja lathu. Sikuti chifukwa chakuti ndinu mkhristu ndiye kuti mutapanda kuika ndondomeko zoyenera za kagwirtsidwe ka ntchito ndalamu zanu mukhoza kupindula koma pokhapokha ngati mupanga ndondomeko yoyenera ndi kuonetsetsa mukutsatira ndondomekoyo. Kukhala mkhristu sikuti muzingokhala ndi zonse pakhomo panu pokhapokha muzindikire zimene zikufunika pakhomo panu ndipo mupezeza kupeza chimene mungachite kuti methane ndimavutowo. Sikuti poti ndinu mkhristu zingopangika kuti ngati simugwira ntchito zonse zingopezeka, ndi pokhapokha mutayamba kugwira ntchito ndi kukwaniritsa zoyenera pa ntchitoyo kuti mupindule. Zonna ndi zakuti wosapembedza amene amaika chidwi pa kukonza ndondomeko za magwirtsidwe ntchito a ndalamu zao, kupeza zosamalira khomo lawo komanso kugwira ntchito zao moyenera, adzakhala wopambana kuposa mkhristu amene salabadira komanso/kapena sapezeka mmagawo onsewa. Ngakhake zitsanzo zitatu zaperekedwa pamwambapa zikupanga nzeru kapena ndi zomveka bwino ndipo akhristu ambiri akhoza kuvomereza, komabe ambiri amapitiriza kuganiza kuti banja lawo, khomo lawo ndi lapaderadera kuti silingakhudzidwe. Izi zimapangitsa kupitiriza kusalabadira komanso/kapena kusapezeka ndipo sayembekeza kulandira zotsatira zoipa za khalidweli. Izi koma ndizo zimene zili zoyembekezeza kuchitika.

Ndimakumbukira mwana wanga Sam adandifunsako kuti kodi ndi chiyani chimene ndi chosiyana pakulera kwanga kwa ana kusiyantsa ndi azinzanga mmene amachitira. Adandiua kuti pano pamene adapeza ntchito, banja komanso azinzake ofanana naye msinkhu, adayamba kuzindikira kuti adaleredwa mwapaderadera kusiyana ndi ambiri. Ndidiaganizira za ichi ndipo ndidamuza kuti Mulungu adandipatsa chisomo chakuti ndikamaona moyo wanga ndinkaona kuti ndili ndi udindo pa ntchito ziwiri. Pamene ndikupita ku ntchito ndimalingalira za udindo womwe ukundiyebekeza. Ndimakonza ndondomeko ya mmene ndingayendetsere ntchito zanga mmalingaliro mwanga ndipo nthawi zambiri ndimafika mofulumira kuti ndionetsetse kuti ndayamba tsiku langa bwino. Pobwerera kunyumba kuchokera ku ntchito sindimamvera wailesi, ndikumalola malingaliro anga kungomalingalira mmene ndingatayire nthawi ya kumapeto a tsiku pamene ndikapumula Koma mmalo mwake, ndimalingalira za ntchito yanga yachiwiri-yakukhala mwamuna komanso bambo pakhomo. Ndimalingalira za amai ake ndi zofuna zavo, komanso za ana ndi sukulu yao, zowaphunzitsa, zokhudza khomo lonse ndi ntchito zina zapakhomo zofunika kuchita. Ndimafika kunyumba ndi kudzipereka komanso masomphenya okwaniritsa udindo wanga wa ntchito yachiwiri monga yoyamba ija. Ndipokhapokha pamene udindo wanga wakwaniridwa, ana onse akagona ndipo nyumba yanga zonse zili mmalo pamene ndimaona kuti ndaweruka ku ntchito.

Kuyerekeza ndi amuna ambiri komanso azibambo amene amabwera kunyumba akuganiza za masewera a pa makina a compiuta kapena masewera ena. Amabwere kunyumba akuganiza za masewera osiyana siyana kapena zokondweretsa iwo okha. Amaganiza za ma wekishopu, kusaka kapena kukasodza nsomba, kukasewere masewera a golf kapena masewera ina otayitsa nthawi. Amafika kunyumba akuganizira za kuntchito komwe achoka komanso mmene atopera ndi kusalabadira chilichonse kumapeto a tsiku lawo. Akapita kokayenda ndi ana awo, amakhala akutanganika ndi kumangokamba nkhanzi ndi abwenzi awo kotero kuti sadziwa zomwe ana awo amachita. Akakhala ndi ana awo pagulu amawona ngati alibe udindo uliwonse pa ana awowo. Samatero kusalabadira kuntchito koma kubanja lawo kokha.

Ndichikhulupiro changa kuti pamene mulingalira pa zimene Mzimu Woyeramaika pamtima zokhudza mwamuna mgawo la kufunikira koika patsogolo banja, zikufikitsani ku kuzindikira chifukwa chiyani zili zofunika choncho. Mwa chisomo cha Mulungu komanso mphamvu ya kutha kusintha ya Mau a Mulungu omwe ndi Oyera, amuyaya, opanda cholakwika polembedwa, mugonjera ndi kusinthika kufika pa mlingo wake wa Mulungu mgawo limeneli.

Rev. John S. Mahon / Wednesday – June 20, 2012 / Wellingsborough, England

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Mwamuna – Khomo ndi Banja Chofunika Kuposa Zina Zonse**

**MUTU NDI NDIME YOLINGALIRA N: I Timoteo 5:8; Miyambo 6:6 - 11**

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA: Aefeso 5:25 – 27; I Petro 3:7**

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
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 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA: Miyambo 4:1 – 4; Aefeso 6:4; Yobu 1:1 - 5**

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

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**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Mwamuna – Khomo ndi Banja Chofunika Kuposa Zina Zonse**

**MUTU NDI NDIME YOLINGALIRA:** I Akorinto 7:32 – 34a

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Miyambo 27:8, 23 – 27

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** I Timoteo 3:4 & 5, 12

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Mwamuna – Khomo ndi Banja Chofunika Kuposa Zina Zonse**

**MUTU NDI NDIME YOLINGALIRA:** Miyambo 27:8; 7:19 & 20

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Miyambo 13:22; 19:14

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Mlaliki 10:18; 14:11; 24:30 – 34

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Mwamuna – Khomo ndi Banja Chofunika Kuposa Zina Zonse**

**MUTU NDI NDIME YOLINGALIRA:** Luka 15:11 – 32

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Aefeso 5:28 & 29; Miyambo 31:21-23, 28-31

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Ahebri 12: 4 - 10

**Kodi ndimeyi ikukhudzana bwanji ndi phunziro lathu?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:Banja – Mwamuna Azipanga Zonse Poyeria Komanso Mopanda Chinyengo Monga Khristu  
Kwa Mpingu**

Monga, ngati Aefeso 5.25 ikutilamulira ife, ife ngati amuna tikuyenera “tizikonda akazi athu monga Khristu akondera Mpingo,” kenaka ndime zinanso za Baibulo zimatiululira za Chikondi cha Khristu chosatha kwa mpingo, zinatipatsa ife chidziwitso zokhudza chokondi chosatha kwa akazi athu. Nthawi za Panokha ndi Mulungu ngawo ili, ikupatsani zolingalira zonse zokhudza Khristu ndi kumasuka kwake komanso kuchita zonse poyeria ndi akuphunzira ake ndiponson mpingo komanso kukupatsani mwayi woonanso ubale wanu ndi akazi anu—kodi ndinu omasuka komanso ochita zonse poyeria ndi mkazi wanu moonetsa chithunzithunzi chenicheni cha ubale wanu pakati pa Khristu ndi inu?

Pamaso pa Mulungu ndi zoyembekezeka kwa ife kuyembekezera, kudalira komanso kuyamikira kumasuka ndi kuchita zonse poyeria kwa Mulungu ndi ife koma nthawi yomweyo kumakanika kumasuka komanso kuchita zinthu poyeria kwa akazi athu. Tiyenera kuvomereza kuti sichifukwa chakukwima mnzeru kapena kulimba mtima kwathu kuti Mulungu adadziulula yekha kwa ife motimasukira komanso kuulula zonse poyeria motere. Mwachitsanzo, Mulungu adadziulula mosabisa zokhudza chikhalidwe cha umulungu wake. Aliyense akhoza kudziwerengera m’Baibulo kapena ntchito zina zophunzitsa za Mulungu ndikutha kudziwa zimene Mulungu mwini adaulula zokhudza iye mwini—Chikhalidwe chake choonekera ndi chosaonekera. Adatiulula magawo okhudza iye mwini—monga Utatu Woyeria, Kuti Aliponseponse, Wodziwazonse ndi zina—zimene sitingathe kuzimvetsa ngakhale kudziwitsitsa zonse zokhudza umulungu wake.

Ngakhale zili choncho, Iye amatiwululirabe mosabisa ndi mwaulere kwa ife. Ndiye funso likhoza kukhala, “Kodi ine ngati mwamuna ndakhala omasuka ndi osachita zinthu poyeria ndi mkazi wanga?” Pa Yohane 15:15 Yesu akuulula kwa akuphunzira ake kuti ngati abwenzi, adawaululira zonse kwa iwo. Pa Yohane 11:35 ndi malo ena Yesu akulira moonekera kwa ophunzira ake. Yesu akutenga nthawi—ma ola ambiri kudya mgonero pa gome ndi akuphunzira ake. Yesu amachitira limodzi ndi akuphunzira ake moyo wake wonse. Nkhope zao monga pa Machitidwe 4.13 chimodzi mwa zizindikiro za akuphunzira ndicho chakuti sikunali kovuta kudziwika kuti anali pamodzi ndi Yesu. Yesu ankapempheranso poyeria ndi ophunzira ake. Yesu sanabise ‘nkhani zoipa’ zokhudza Iye mwini—Mazunzo ake—kupachikidwa pa mtanda ndi imfa yake. Komanso Yesu sanabise kwa ophunzira ake choonadi chokhudza mazunzo awo amene ankadza. Yesu anayankhula momasuka ndiponson kawirikawiri za chikondi chake kwa ophunzira ake ndi kuwatsimikizira kawirikawiri kuti sadzawasiya kapena kuwataya iwo. Komanso, malonjezowa samapangidwa kwa ophunzira ndi mpingo kumangika pa kukula mmoyo wauzimu ndi kudzipereka kwa machitidwe awo.

Pamene muwona ndimezi lingalirani za mmene Khristu amamasukira komanso kuchita zonse poyeria pamene oonetsa chikondi chake kwa akuphunzira ake, mpingo komanso inu nomwe. Kenaka lingalirani, “**Kodi mwamuna akhoza  
kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyeria monga Khristu achitira  
ndi Mpingo?**” Mwanjira ina ngati umu ndi mmene Khristu amakondera Mpingo kodi ine ndikhoza kuonetsera bwanji chikondi chomwecho kwa mkazi wanga? Mwa njira yomweyi mukhoza kuphunzirapo mmene mungagwirtsire ntchito ndimezi panopa kapena mtsogolo. Koma tiyenera kubwerera ku choonadi chakuti nthawi zambiri amuna amafuna kudziwa zimene akhoza kudziwa zokhudza Mulungu, koma nthawi yomweyo kusafuna kumasukirana ndi mkazi wake. Kuyembezea Mulungu kuti akuyankhule kudzera m’Mau ake koma nthawi yomweyo uli wosachezeka kwa mkazi wako. Kumafunsa mafunso ambiri okhudza Mulungu koma kumakana kuyankha mafunso a akazi ako. Tikhoza kuona magawo ambiri ndipo ndiwona zipereka maphunziro omveka. Ngati, monga Aefeso 5.25 ikulamulira ife, kuti ife ngati amuna tiyenera “kukonda akazi athu monga Khristu akondera mpingo” ndiye ndime zimene zionetsa chikondi cha Khristu chosatha kwa mpingo wake zimatipatsanso chithunzithunzi cha chikondi chathu kwa akazi athu.

By His mercy,  
Rev. John S. Mahon  
Director – Grace Community Int  
June 22, 2012 / Wellingsborough, England

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Mwamuna Akhale Omasuka Ndi Ochita Zonse Poyer Ngati Khristu Kwa Mpingo

**MUTU NDI NDIME YOLINGALIRA:** Yohane 15:15; 16:29 & 30

Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Marko 14:34; Luka 19:41; Yohane 11:35

Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu??

**MUTU NDI NDIME YOLINGALIRA:** Luka 7:36; Mateyu 9:11; Yohane 13:1 – 5; Chibvumbulutso 3:20

Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Mwamuna Akhale Omasuka Ndi Ochita Zonse Poyer Ngati Khristu Kwa Mpingo

**MUTU NDI NDIME YOLINGALIRA:** Mateyu 6:9-13; Luka 9:28; Luka 11:1 & 2; Ahebri 4:16

Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Mateyu 16:21; Marko 10:32 – 34; Luka 18:31-33; Yohane 14:27-31  
 Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Yohane 3:16; 13:34; 15:9-12; Chibvumbulutso 3:9  
 Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:**Banja – Mwamuna Akhale Omasuka Ndi Ochita Zonse Poyer Ngati Khristu Kwa Mpingo

**MUTU NDI NDIME YOLINGALIRA:** Mateyu 24:9; Yohane 15:18 – 21; 16:29-33

Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Mateyu 11:28-30; Marko 3:14; 9.2; 14:33; Machitidwe 4:13  
 Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**MUTU NDI NDIME YOLINGALIRA:** Mateyu 28:20b; Yohane 10:27-29; Aroma 8:35 – 39  
 Kodi mwamuna akhoza kuonetsa bwanji mu ubale wake ndi mkazi wake kumasuka komanso kuchita zonse poyer monga Khristu achitira ndi Mpingo?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Pamene ndichita zonse poyer ndi mkazi wanga monga Khristu ndi mpingo, kodi ndigwiritsa ntchito bwanji ndimeyi pa moyo wanga msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa chikhristu?

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?

**NDIME YOLINGALIRA:** Kukhala Mtsogoleri Wake Wauzimu – Aefeso 5:25-27; I Akorinto 14:35

Kodi ndimey ikundiphunzitsa chiyani za udindo wanga kuchitapo kanthu potsogolera moyo wauzimu mu banja langa?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Kuphatikizapo mu mpingo mwanga  
 ndi popemphera tsiku ntsiku ndi mkazi wanga)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kukhala Mtsogoleri Wake Wauzimu – Aefeso 6:4

Kodi ndimey ikundiphunzitsa chiyani za udindo wanga kuchitapo kanthu potsogolera moyo wauzimu mu banja langa?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Kuphatikizapo mu mpingo mwanga  
 ndi popemphera tsiku ntsiku ndi mkazi wanga)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kukhala Mtsogoleri Wake Wauzimu – Miyambo 31:23

Kodi ndimey ikundiphunzitsa chiyani za udindo wanga kuchitapo kanthu potsogolera moyo wauzimu mu banja langa?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Kuphatikizapo mu mpingo mwanga  
 ndi popemphera tsiku ntsiku ndi mkazi wanga)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?**

**NDIME YOLINGALIRA:** Kukhala Mtsogoleri Wake Wauzimu – Deuteronomo 6:1 – 7, 20 – 25; Deuteronomo 11:18 & 19

Kodi ndimey ikundiphunzitsa chiyani za udindo wanga kuchitapo kanthu potsogolera moyo wauzimu mu banja langa?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Kuphatikizapo mu mpingo mwanga  
 ndi popemphera tsiku ntsiku ndi mkazi wanga)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kukhala Mtsogoleri Wake Wauzimu – Miyambo 4:1 – 4

Kodi ndimey ikundiphunzitsa chiyani za udindo wanga kuchitapo kanthu potsogolera moyo wauzimu mu banja langa?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Kuphatikizapo mu mpingo mwanga  
 ndi popemphera tsiku ntsiku ndi mkazi wanga)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kukhala Mtsogoleri Wake Wauzimu –Masalmo 78;1- 8

Kodi ndimey ikundiphunzitsa chiyani za udindo wanga kuchitapo kanthu potsogolera moyo wauzimu mu banja langa?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Kuphatikizapo mu mpingo mwanga  
 ndi popemphera tsiku ntsiku ndi mkazi wanga)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?**

**NDIME YOLINGALIRA:** Kuonetsa Chikondi Changa Ndi Mau Komanso Kumlemekeza Pagulu, Pamaso Pa Ana Ngakhale Kuseli. – Miyambo 31:28-31; Rute 3:11  
**Kodi ndimeyi ikundiphunzitsa chiani za kungwiritsa ntchito kwambiri mau kuyamikira mkazi wanga?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
**Fotokozani chifukwa pa yankho lanu:**

**Kodi ndigwiritsa ntchito bwanji ndimeyi m’banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kuonetsa Chikondi Changa Ndi Mau Komanso Kumlemekeza Pagulu, Pamaso Pa Ana Ngakhale Kuseli. – I Petro 3:7  
**Kodi ndimeyi ikundiphunzitsa chiani za kungwiritsa ntchito kwambiri mau kuyamikira mkazi wanga?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
**Fotokozani chifukwa pa yankho lanu:**

**Kodi ndigwiritsa ntchito bwanji ndimeyi m’banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kuonetsa Chikondi Changa Ndi Mau Komanso Kumlemekeza Pagulu, Pamaso Pa Ana Ngakhale Kuseli. – Nyimbo ya Solomo 4:1 - 11  
**Kodi ndimeyi ikundiphunzitsa chiani za kungwiritsa ntchito kwambiri mau kuyamikira mkazi wanga?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
**Fotokozani chifukwa pa yankho lanu:**

**Kodi ndigwiritsa ntchito bwanji ndimeyi m’banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?**

**NDIME YOLINGALIRA:** Kuonetsa Chikondi Changa Ndi Mau Komanso Kumlemekeza Pagulu, Pamaso Pa Ana Ngakhale Kuseli, – Akolose 3:18; Aefeso 5:33  
**Kodi ndimeyi ikundiphunzitsa chiani za kungwiritsa ntchito kwambiri mau kuyamikira mkazi wanga?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kuonetsa Chikondi Changa Ndi Mau Komanso Kumlemekeza Pagulu, Pamaso Pa Ana Ngakhale Kuseli.– Nyimbo ya Solomo 7:1 - 9  
**Kodi ndimeyi ikundiphunzitsa chiani za kungwiritsa ntchito kwambiri mau kuyamikira mkazi wanga?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kuonetsa Chikondi Changa Ndi Mau Komanso Kumlemekeza Pagulu, Pamaso Pa Ana Ngakhale Kuseli. – I Akorinto 7:33; Nyimbo ya Solomo 6:4 - 9  
**Kodi ndimeyi ikundiphunzitsa chiani za kungwiritsa ntchito kwambiri mau kuyamikira mkazi wanga?**

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?

**NDIME YOLINGALIRA:** Ngati ndimamkonda monga Khristu amakondera mpingo, ndiye iye adzakhala ndi mwayi wocheza nane (kulankhula nane, Ine kumumvetsera ndiponso kumuonetsera chikondi) monga ine ndilandira kwa Khristu. – Ahebri 4:16

Pamene ndiwerenga ndimeyi yonena za chidwi cha Khristu kundimvetsera ndi kundionetsera chikondi chake, kodi mkazi wanga amaona chidwi chomwechi mwa ine?

**Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?**  
**Fotokozani chifukwa pa yankho lanu:**

**Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Ngati ndimamkonda monga Khristu amakondera mpingo, ndiye iye adzakhala ndi mwayi wocheza nane (kulankhula nane, Ine kumumvetsera ndiponso kumuonetsera chikondi) monga ine ndilandira kwa Khristu. – Afili 4:6, 7

Pamene ndiwerenga ndimeyi yonena za chidwi cha Khristu kundimvetsera ndi kundionetsera chikondi chake, kodi mkazi wanga amaona chidwi chomwechi mwa ine?

**Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?**  
**Fotokozani chifukwa pa yankho lanu:**

**Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Ngati ndimamkonda monga Khristu amakondera mpingo, ndiye iye adzakhala ndi mwayi wocheza nane (kulankhula nane, Ine kumumvetsera ndiponso kumuonetsera chikondi) monga ine ndilandira kwa Khristu. – I Petro 5:7

Pamene ndiwerenga ndimeyi yonena za chidwi cha Khristu kundimvetsera ndi kundionetsera chikondi chake, kodi mkazi wanga amaona chidwi chomwechi mwa ine?

**Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?**  
**Fotokozani chifukwa pa yankho lanu:**

**Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?

**NDIME YOLINGALIRA:** Ngati ndimamkonda monga Khristu amakondera mpingo, ndiye iye adzakhala ndi mwayi wocheza nane (kulankhula nane, Ine kumumvetsera ndiponso kumuonetsera chikondi) monga ine ndilandira kwa Khristu. – Mateyu 11:28 - 30

Pamene ndiwerenga ndimeyi yonena za chidwi cha Khristu kundimvetsera ndi kundionetsera chikondi chake, kodi mkazi wanga amaona chidwi chomwechi mwa ine?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Ngati ndimamkonda monga Khristu amakondera mpingo, ndiye iye adzakhala ndi mwayi wocheza nane (kulankhula nane, Ine kumumvetsera ndiponso kumuonetsera chikondi) monga ine ndilandira kwa Khristu. – Yeremiya 31:3; Masalmo 23:6

Pamene ndiwerenga ndimeyi yonena za chidwi cha Khristu kundimvetsera ndi kundionetsera chikondi chake, kodi mkazi wanga amaona chidwi chomwechi mwa ine?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Ngati ndimamkonda monga Khristu amakondera mpingo, ndiye iye adzakhala ndi mwayi wocheza nane (kulankhula nane, Ine kumumvetsera ndiponso kumuonetsera chikondi) monga ine ndilandira kwa Khristu. – Maliro 3:22, 23

Pamene ndiwerenga ndimeyi yonena za chidwi cha Khristu kundimvetsera ndi kundionetsera chikondi chake, kodi mkazi wanga amaona chidwi chomwechi mwa ine?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?

**NDIME YOLINGALIRA:** Kukhala Opezeka Kwa Iye Masalmo 23:1 – 6; Deuteronomo 31:6

Mulungu Ali opezekwa Kwa Ife nthawi zonse, kodi ndikhoza kunena kuti inenso ndimapezeka momwemo kwa mkazi wanga? (Kuphatikiza kukhalira pamodzi pagome la chakudya)

Pamene ndimalingalira ndimeyi ndikumayerekeza ndi chidwi changa cha kupatula nthawi yapaderadera ndi nthawi yokwanira ndi mkazi wanga, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza? Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kukhala Opezeka Kwa Iye Aroma 8:35 - 39

Mulungu Ali opezekwa Kwa Ife nthawi zonse, kodi ndikhoza kunena kuti inenso ndimapezeka momwemo kwa mkazi wanga? (Kuphatikiza kukhalira pamodzi pagome la chakudya)

Pamene ndimalingalira ndimeyi ndikumayerekeza ndi chidwi changa cha kupatula nthawi yapaderadera ndi nthawi yokwanira ndi mkazi wanga, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza? Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kukhala Opezeka Kwa Iye Aefeso 5:25 - 33

Mulungu Ali opezekwa Kwa Ife nthawi zonse, kodi ndikhoza kunena kuti inenso ndimapezeka momwemo kwa mkazi wanga? (Kuphatikiza kukhalira pamodzi pagome la chakudya)

Pamene ndimalingalira ndimeyi ndikumayerekeza ndi chidwi changa cha kupatula nthawi yapaderadera ndi nthawi yokwanira ndi mkazi wanga, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza? Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?

**NDIME YOLINGALIRA:** Kukhala Opezeka Kwa Iye Chibvumbulutso 3:20; Chibvumbulutso 19:7 - 9

Mulungu Ali opezekwa Ife nthawi zonse, kodi ndikhoza kunena kuti inenso ndimapezeka momwemo kwa mkazi wanga? (Kuphatikiza kukhalira pamodzi pagome la chakudya)

Pamene ndimalingalira ndimeyi ndikumayerekeza ndi chidwi changa cha kupatula nthawi yapaderadera ndi nthawi yokwanira ndi mkazi wanga, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza? Fotokozani chifukwa pa yankho lanu:

**Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kukhala Opezeka Kwa Iye Yohane 10:10 – 18, 28

Mulungu Ali opezekwa Kwa Ife nthawi zonse, kodi ndikhoza kunena kuti inenso ndimapezeka momwemo kwa mkazi wanga? (Kuphatikiza kukhalira pamodzi pagome la chakudya)

Pamene ndimalingalira ndimeyi ndikumayerekeza ndi chidwi changa cha kupatula nthawi yapaderadera ndi nthawi yokwanira ndi mkazi wanga, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza? Fotokozani chifukwa pa yankho lanu:

**Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kukhala Opezeka Kwa Iye Yesaya 40:11; Masalmo 94:14

Mulungu Ali opezekwa Kwa Ife nthawi zonse, kodi ndikhoza kunena kuti inenso ndimapezeka momwemo kwa mkazi wanga? (Kuphatikiza kukhalira pamodzi pagome la chakudya)

Pamene ndimalingalira ndimeyi ndikumayerekeza ndi chidwi changa cha kupatula nthawi yapaderadera ndi nthawi yokwanira ndi mkazi wanga, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza? Fotokozani chifukwa pa yankho lanu:

**Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?**

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?**

**NDIME YOLINGALIRA:** Zofuna za Kuthupi – Aefeso 5:28 - 31

Kodi ndimezi zikundiphunzitsa chiyani zokhudza kusamalira zofuna zaakazi anga za kuthupi?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Pamene ndilingalira za kuofesi  
 kwanga ndi ku kitcheni kwa akazi anga ndikuti kumene kumaperewera chisamaliro? Nanga pa mayendedwe?  
 Nanga kukadya malo a pamwamba? Kukayenda malo ochititsa chidwi?)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Zofuna za Kuthupi – I Timoteo 5:8

Kodi ndimezi zikundiphunzitsa chiyani zokhudza kusamalira zofuna zaakazi anga za kuthupi?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Pamene ndilingalira za kuofesi  
 kwanga ndi ku kitcheni kwa akazi anga ndikuti kumene kumaperewera chisamaliro? Nanga pa mayendedwe?  
 Nanga kukadya malo a pamwamba? Kukayenda malo ochititsa chidwi?)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Zofuna za Kuthupi – Miyambo 31:28 - 31

Kodi ndimezi zikundiphunzitsa chiyani zokhudza kusamalira zofuna zaakazi anga za kuthupi?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Pamene ndilingalira za kuofesi  
 kwanga ndi ku kitcheni kwa akazi anga ndikuti kumene kumaperewera chisamaliro? Nanga pa mayendedwe?  
 Nanga kukadya malo a pamwamba? Kukayenda malo ochititsa chidwi?)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO:** Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?

**NDIME YOLINGALIRA:** Zofuna za Kuthupi – Miyambo 31:10 – 15 (:15)

Ndimezi zikunena za khomo la mkazi wagwiro. Ndi chiyani chomwe ndimezi zikundiphunzitsa zokhudza mmene mwamuna wake wa mkazi komanso mayi wangwiro amapezera zosowa zake ndiponso nanga ine ndimampezera bwanji mkazi wanga zosowa zake?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Pamene ndilingalira za kuofesi kwanga ndi ku kitcheni kwa akazi anga ndikuti kumene kumaperewera chisamaliro? Nanga pa mayendedwe? Nanga kukadya malo a pamwamba? Kukayenda malo ochititsa chidwi?)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Zofuna za Kuthupi – Miyambo 31:16 - 23

Ndimezi zikunena za khomo la mkazi wagwiro. Ndi chiyani chomwe ndimezi zikundiphunzitsa zokhudza mmene mwamuna wake wa mkazi komanso mayi wangwiro amapezera zosowa zake ndiponso nanga ine ndimampezera bwanji mkazi wanga zosowa zake?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Pamene ndilingalira za kuofesi kwanga ndi ku kitcheni kwa akazi anga ndikuti kumene kumaperewera chisamaliro? Nanga pa mayendedwe? Nanga kukadya malo a pamwamba? Kukayenda malo ochititsa chidwi?)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Zofuna za Kuthupi – Miyambo 31:24 - 31

Ndimezi zikunena za khomo la mkazi wagwiro. Ndi chiyani chomwe ndimezi zikundiphunzitsa zokhudza mmene mwamuna wake wa mkazi komanso mayi wangwiro amapezera zosowa zake ndiponso nanga ine ndimampezera bwanji mkazi wanga zosowa zake?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja? (Pamene ndilingalira za kuofesi kwanga ndi ku kitcheni kwa akazi anga ndikuti kumene kumaperewera chisamaliro? Nanga pa mayendedwe? Nanga kukadya malo a pamwamba? Kukayenda malo ochititsa chidwi?)

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?**

**NDIME YOLINGALIRA:** Kukhala Wodekha Ndi Wokonda Pakhomo. I Petro 3:7

Kodi ndimeyi ikundiphunzitsa ine chiyani zokhudza chisangalalo cha mkazi wanga mmoyo wathu wa banja?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kukhala Wodekha Ndi Wokonda Pakhomo. Aefeso 5:33

Kodi ndimeyi ikundiphunzitsa ine chiyani zokhudza chisangalalo cha mkazi wanga mmoyo wathu wa banja?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NDIME YOLINGALIRA:** Kukhala Wodekha Ndi Wokonda Pakhomo. Akolose 3:19

Kodi ndimeyi ikundiphunzitsa ine chiyani zokhudza chisangalalo cha mkazi wanga mmoyo wathu wa banja?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:

**NTHAWI YA PANOKHA NDI MULUNGU**  
**YEREMIYA 15:16**

**PHUNZIRO: Banja – Ndi Chiyani Chimene Chimapanga Mkazi Wokondwa?**

**NDIME YOLINGALIRA:** Kukhala Wodekha Ndi Wokonda Pakhomo. Deuteronomy 24:5

Kodi ndimeyi ikundiphunzitsa ine chiyani zokhudza chisangalalo cha mkazi wanga mmoyo wathu wa banja?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kukhala Wodekha Ndi Wokonda Pakhomo. Aefeso 5:25 - 28

Kodi ndimeyi ikundiphunzitsa ine chiyani zokhudza chisangalalo cha mkazi wanga mmoyo wathu wa banja?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**

**NDIME YOLINGALIRA:** Kukhala Wodekha Ndi Wokonda Pakhomo. I Samueli 25:3; Afilipi 4:5 & I Petro 3:7

Kodi ndimeyi ikundiphunzitsa ine chiyani zokhudza chisangalalo cha mkazi wanga mmoyo wathu wa banja?

Pamene ndimalingalira ndimeyi, kodi kwakukulu yanditsutsa, yandilimbikitsa kapena yandilangiza?  
 Fotokozani chifukwa pa yankho lanu:

Kodi ndigwiritsa ntchito bwanji ndimeyi m'banja langa msabatayi ndipo kodi pali chilichonse  
 ndingachite lero kuti ndimeyi ikhale gawo la moyo wanga wa banja?

**Ngati ine sindingakwaniritse chosowachi, ndani amene ndikufuna kuti akwanirite? Dzina:**